



# The Globe

Newsletter of Gleeson College

Issue 28 > Friday 20 October 2017

## GLEESON DAY + HOUSE CUP 2017 > 'Winning' as a Community!

On the last day of Term 3 we came together to celebrate our greatest tradition at Gleeson College; Gleeson Day. This day allows us the opportunity to reflect on the achievements of our College Patron, Archbishop James Gleeson. He was a great leader in the Archdiocese of Adelaide and had a true passion for education and vision that included the establishment of Caritas Australia.

Gleeson Day in 2017 started with carnival activities, facilitated by Care Groups and their students, including a Mario Kart Challenge, Soccer Pool, Mega Pong, 'Minute to Win It' games, Bingo, a Kahoot Quiz, Yoga, Meditation, a 3-Point Shooting Challenge and many more. It was an ideal time for students to move around the College and have fun with their peers and staff before enjoying a shared morning tea of delicious donuts!

This year we revived the Gleeson Talent Show and we were again amazed at the confident, talented young men and women who showcased their skills on stage to entertain us all. We had guitar solos, singers, dancers and comedians to wow the lively crowd, and it was great to see students and staff show their support and appreciation to our performers on stage.

Then it was time for the 2017 House Cup winner to be announced! This year's House Cup was presented to Fyfe, who snared back-to-back victories after their inaugural win in 2016! The anticipation displayed by the students in the lead up to the announcement, particularly the Year 12s, was great to see. The House Cup is calculated through the allocation of points from the many activities and opportunities the students have access to here at Gleeson College. From Carnival results, Merit Awards, fundraising, Grade Point Averages,



extra-curricular activity participation and awards received. Every student has the opportunity to contribute positively to their own House's success in the Cup, and the Fyfe Student Leaders were very excited to accept the cup again in 2017.

### 2017 House Cup Results:

Fyfe	1250
McDonald:	1210
Damiani	1165
Hughes	875

As always, it was an amazing community day and an ideal way to end Term 3.

Mr Shannon Bertram,  
Assistant Principal – Student Development



**\*MORE PHOTOS FROM GLEESON DAY + HOUSE CUP 2017 INSIDE!!**



**Gleeson College**

40-60 Surrey Farm Dve, Golden Grove  
South Australia 5125 T: 8282 6600

[www.gleeson.sa.edu.au](http://www.gleeson.sa.edu.au)

info@gleeson.catholic.edu.au  
SMS Absentee/Late Line: 0438 879 373



## WELCOME BACK TO TERM 4!

### Welcome Back Mr Corbo

Welcome back to Term 4, and a very warm welcome back to Gleeson College to our Deputy Principal Mr Joe Corbo. As you would be aware, Joe has been working at Thomas More College for the past 12 months, and you will not be surprised to know that Joe's impact on that community has been very significant. Joe led a number of key projects at Thomas More, and they were very sad to see him leave. We, however, are delighted to welcome Joe back, and we look forward to his wonderful leadership and support as he transitions back to our community.

We also welcome back Mrs Sally Parsons and Mr Gerald Carey from long service leave, Miss Ashlee Curtis replacing Mrs Sarah McLoughlin who is on maternity leave, and Mrs Lisa Cibich and Mrs Bianca Bucco replacing Mr Nicolas Civetta who is on long service leave.

### Farewell Year 12's

Term 4 is the shortest term of the year, but at times, it can feel that it has the most packed into it! There are a number of key events this term beginning with several farewell events for our Year 12

students from next week. On Thursday evening, in the Dame Roma Mitchell Centre, we celebrate the Eucharist for the final time with our Year 12 students and their families. This is always a fantastic event. Then on Friday morning, the remainder of the College community will say farewell at a Final Assembly followed by a shared morning tea.

Our Year 12's then have two final weeks of lessons as they prepare for their end of year examinations and assessment tasks. We wish all our Year 12 students every blessing as they work through this key time in their learning journey here at Gleeson College.

### Student Leadership Assembly

On Wednesday, we also held two very important events. In the morning, we held our Student Leadership Assembly in the Courtyard, a different but highly symbolic venue. As I outlined to the students, many important leadership moments actually occur in places like the schoolyard, or the classroom. It is often in informal settings that leaders do their most powerful work. Whilst some of our students have formal leadership titles or responsibilities, we all have a role in shaping the culture of our community.

I thank our outgoing 2017 Student Leaders, and wish our newly-elected 2018 Student Leaders every success

as they embark on their leadership journey.

Then throughout Wednesday afternoon and evening, we held the Year 8-11 Parent Teacher Interviews. Thank you to all of those parents and caregivers who attended, and for your ongoing support and nurturing of the key relationship between school and home.

### Mr Andrew Baker, Principal



2017 Student Leadership Team

# FYFE HOUSE SNARE BACK-TO-BACK HOUSE CUP VICTORIES



## 2018 STUDENT LEADERSHIP ASSEMBLY > Wednesday 18 October

On Wednesday we gathered in the College Courtyard to acknowledge the service of the 2017 Student Leadership cohort and induct our newly-elected 2018 Student Leaders.

The process to identify and support students willing to put themselves forward for this opportunity is always a rewarding process and I look forward to working with our new Student Leaders over the next year. I would also like to thank all our 2017 Student Leaders for the amazing commitment and dedication they have shown over the past 12 months in their roles. They have all strongly upheld the long-standing tradition of servant leadership at Gleeson College, and should be very proud of their efforts. *See our full list of 2018 Student Leaders on pages 4 and 5!*

Mr Shannon Bertram,  
Assistant Principal - Student Development





# CONGRATULATIONS TO OUR NEWLY-ELECTED 2018 STUDENT LEADERS

## 2018 Gleeson College Executive



**Rebecca Pratt**  
*President*



**Trent Wallace**  
*President*



**Caitlyn Monga**  
*Vice President*



**Benjamin Monga**  
*Vice President*



## 2018 Gleeson College Middle School Executive



**Ellen Welden**  
*President*



**Nathan Archer**  
*President*



**Amy Fredella**  
*Vice President*



**Alysia Redel**  
*Vice President*



## 2018 Gleeson College House Captains & Vice Captains



**Amelia Delic**  
*Senior School*



**Riley Kneivitt**  
*Senior School*



**Jacob Fergusson**  
*Senior School Vice*



**Isabella Gallina**  
*Middle School*



**Patrick Raggatt**  
*Middle School*



**Jessica Mills**  
*Senior School*



**Blake Thompson**  
*Senior School*



**Michigan San Juan**  
*Senior School Vice*



**Charlotte Nenke**  
*Middle School*



**Liam Garvey**  
*Middle School*



**Jayde Tyczenko**



**Callum Pinnegar**



**Tyler Dunlop**  
*Senior School*



**Joshua Johnson**  
*Senior School*



**Abigail Cottrell**  
*Senior School Vice*



**Natarsha Viskic**  
*Middle School*



**Taylah Viskic**  
*Middle School*



**Lucy Loveday**  
*Senior School*



**Lauren Wright**  
*Senior School*



**Claudia Agius**  
*Senior School Vice*



**Ella Taverner**  
*Middle School*



**Riley Aistrophe**  
*Middle School*



**Tahlia Schrapel**



## 2018 Performing Arts Captains

## 2018 Justice & Ministry Captains



**Mia Fitzharris**



**Nicholas Centofanti**

# 2018 STUDENT LEADER INDUCTION > 'Let Us Respond To God's Call to Serve'

2018 Student Leadership Team



# GLEESON DAY 2017 > Activity Sessions



# GLEESON DAY 2017 > Activity Sessions



# GLEESON DAY 2017 > GC Talent Show



# GLEESON DAY 2017 > GC Talent Show



## HUGHES HOUSE: 'With Justice We Serve' > CanTeen Bandanna Day 2017



Every year, another 23,000 young people - 63 a day - have their world turned upside down by cancer - either their own, or a close family member's. They



often feel incredibly isolated and alone. Thankfully CanTeen is there to help. CanTeen is a charity organisation that was first established by a group of young cancer patients back in 1985 and aims to help young people cope with cancer, whether they have been diagnosed themselves or if it has affected their family.

CanTeen do amazing work where they support young people to explore and deal with their feelings about cancer, connect with other young people in the same boat and - if they've been diagnosed themselves, CanTeen can provide specialist youth-specific treatment.

National Bandanna Day is the major fundraising and awareness campaign for CanTeen Australia and on Wednesday of Week 10 last term, Hughes House showed their support for CanTeen by selling bandannas and hosting a 'Sausage Sizzle' to raise funds for this great cause.

The support shown by staff and students was a fantastic representation of our community living out our Gleeson 10 and our Hughes motto of 'With Justice We Serve'. So far we have raised an outstanding \$967.40 and there is still time to contribute.

With the National Bandanna Day not occurring till next Friday 27 October there is still time to show your support and purchase a bandanna for \$5 - on sale in Student Services.

Mr Adrian Ranieri,  
Hughes House Coordinator



## GLEESON COLLEGE NOTICEBOARD



SAVE THE DATE

# OLD SCHOLARS EVENT

Friday 27th October 2017

Wine and cheese, tours of the school, view photos.  
Catch-up with past friends, classmates and teachers.

**\$5** Entry at the door. Doors open at **6.30pm**

Follow us on Facebook at **Saint David's 40 Year Celebrations** or  
**Email:** 40thcelebrations@stdaids.catholic.edu.au



## St Vincent de Paul Modbury Conference

presents

### A Musical Evening with the SAPOL Police Band

Friday 20 October @ 7.00pm

John XXIII Parish Centre

59 Reservoir Rd, Hope Valley

Tickets \$8 at the door

Supper provided.

For more information contact  
Mary on 0474 463 496.

*All funds raised go towards  
Christmas Hampers.*



## GOLDEN GROVE CAMPUS UNIFORM SHOP

Devon Clothing | P: 8289 5564



### GG CAMPUS UNIFORM SHOP TERM 4 TRADING

Monday:	1.00pm - 2.30pm
Tuesday & Wednesday:	8.15am - 9.15am + 1.00pm - 4.15pm
Thursday :	1.00pm - 2.45pm
First Saturday of Month:	9.00am - 12.00pm

### MODBURY DEVON CLOTHING UNIFORM SHOP

OPEN 9.00am - 5.00pm Monday to Friday  
+ 9.00am - 12.00pm Saturday

P: 8396 6465

Shop 24 Clovercrest Plaza > 429 Montague Rd, Modbury North

The Gleeson College 2nd Hand Uniform Shop is open every  
Tuesday afternoon from 3.30-4.30pm.

## SUMMER UNIFORM APPOINTMENTS

### BOOK A FITTING!

@ GG Campus Uniform Shop

between 24 October - 13 December

Tue. + Wed. afternoons > 3-5pm

Saturday mornings > 9am - 12pm

OR

@ Devon Clothing Uniform  
Shop (Modbury) from 24 October

ATTEND APPOINTMENT, PLACE  
ORDER + PAY YOUR DEPOSIT!

Pay in full, or make a minimum  
deposit of \$50, however 20%  
required for accounts over \$250

> Cash, Visa, Mastercard, Eftpos

# Gleeson College



## 2017 Performing Arts Concert

Tuesday 24 October, 7-9.30pm  
Golden Grove Arts Theatre

> *Featuring the incredibly talented  
Music and Performing Arts  
students of Gleeson College.*

**TICKETS** > All tickets will be available at the door  
\$10 Adults | \$5 Student/Concession | Children under 5 free





# Gleeson College

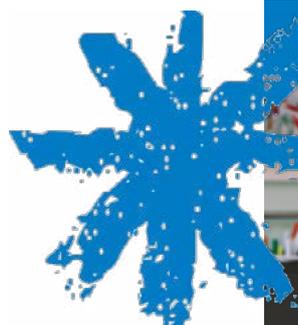
## 2017 Sports Presentation Night

Tuesday 31 October, 6-8pm > Dame Roma Mitchell Centre

Special Guest Speakers | Saturday Morning Sport Awards | SUBWAY Supper

**RSVP BOOKINGS ESSENTIAL:** Please RSVP, including the total number of family members attending, by phoning the College on 8282 6600 or via the online booking link:  
<https://goo.gl/7wkAae>





## The Myth of Multitasking

by Martine Oglethorpe

*Being a parent today has plenty of challenges, none more so than keeping up with what our kids are doing on their devices. This is particularly the case when we think they should be using their time more productively.*

These days so much of the kids' school work and study is done on a computer or tablet that it gets tricky to discern how much of their screen time is work and how much is scrolling on Instagram or snapping on Snapchat.

Of course our kids don't see a problem with this. They believe they are pretty proficient multitaskers, able to scroll a social media feed, live stream music, answer a text message and study for their maths test at the same time.

And we shouldn't be surprised that they think this, because most of us think the same. Most parents are also now regular users of a digital device and also believe we can multitask with ease. We routinely scan Facebook while simultaneously stirring the cheese sauce, breaking up an argument in the other room and listening to our partner recap their day at work.

The truth is that neither our kids nor ourselves can effectively multitask and do the best job possible at any given time. Research tells us that the brain has a finite amount of attention it can devote at any one moment in time. When we pile tasks on top of one another, we reduce the effectiveness of our brain as it must now share that limited resource amongst those multiple jobs. We are not multitasking – we are switch tasking. This means that each of those tasks takes longer as we rapidly flick our attention from one of them to another, refocusing each time. We lose momentum and we lose efficiency.

So how can we help our kids (and ourselves) stay focused and concentrate on one task at a time?

### **Have them set up study blocks**

This can start with time slots as short as 20 minutes in which they focus on one task only for that period. The blocks need to be timed and need to be devoted to only a single task.



### **Turn off notifications**

The binging and beeping of a device will always encourage diversion as the owner feels the need to respond to their messages or check that email. By turning off all the noise-based distractions, your kids (and you) are less likely to be interrupted during a focused study period.

### **Allow them to reward themselves**

Each time they manage to complete a set study period, they can be rewarded with a short break to do

## parenting \*ideas

something else. If this is checking social media then they need to set a timer and stick to it. We all know how easily we can get sucked into the vortex of social media feeds and never-ending scrolling. Other breaks might involve playing with a pet or listening to a song. Getting up and moving to get the blood pumping is a great way to take a break and ensure your brain is ready to refocus when the time comes for the next block.

### **Invest in an analogue clock**

Use a clock or a visual timer that counts down the time for each study period. When the brain sees time literally ticking away it finds it easier to grasp the concept of how fast time is going and, in turn, what is being accomplished in that time. This doesn't quite work the same way when we use a digital clock, so using an analogue clock can be a really useful exercise to try.

### **Monitor your child**

When parents lament to me that they don't know if their child is doing any work, or they are always distracted by their devices, then I ask them to have the conversation with them. Find out what they are doing and if they are struggling with anything. Look at how they are keeping up with all aspects of their lives. Ask their teacher if they are still on track. Remember that monitoring your child – and not just on their devices – is the best way to ensure they are in control and getting the things done that they need to be doing.

There are certainly some tasks that we can do at the same time without compromising efficiency. Hanging out the washing while listening to a podcast is something I can confidently achieve. But when it comes to more cognitive pursuits that require greater focus, then we must remember that our brains need to be able to focus solely on one task at a time in order to achieve them in the most productive manner possible.



### **Martine Oglethorpe**

Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Martine is available for student workshops focused on positive online behaviours, for teacher professional development on how the digital world affects what happens in the classroom and for corporate and parent information sessions. For more information head to her website [themodernparent.net](http://themodernparent.net). Contact details: [info@martineoglethorpe.com.au](mailto:info@martineoglethorpe.com.au), [themodernparent.net](http://themodernparent.net), [facebook.com/themodernparent](https://facebook.com/themodernparent)



## ST FRANCIS XAVIER'S REGIONAL CATHOLIC SCHOOL

4 Carignane Street, Wynn Vale

### 2017 Tour Dates

- **Thursday, 21st September**  
4.30pm – 5.30pm
- **Friday, 10th November**  
9.30am – 10.30am

How do I register my  
attendance?

Bookings can be made via the school's  
website, or by telephoning Sonya:

[www.sfx.catholic.edu.au](http://www.sfx.catholic.edu.au)  
8251 9555

## 2017 Gleeson Diary Dates



### Term 4 2017

24 Oct	Performing Arts Concert > GG Arts Theatre, 7-9.30pm
25	College Board Meeting
26	Year 12 Farewell Mass > DRMC, 6.30pm for 7pm
30	Principal's Information Session, 7-8pm
31	2017 Sports Presentation Night > DRMC, 6-8pm
3 Nov	Year 8 HPV Immunisation #3
6	Stage 2 Exams Commence
8	P&F Committee Meeting
13 - 17	PE Week
14	Year 7 Transition Day
16	Year 8 Transition Day
	2017 STEM Expo > DRMC
17	Year 7 Rite of Passage Event
20	Family Induction Evening
	Year 11 SWOT Vac
21 - 24	Year 11 Exams
22	College Board Meeting
27 - 29	Year 11 > Year 12 Workshops
27 - 1 Dec	Year 10 Exams
28	Year 12 Graduation > Adel. Ent. Centre, 6.30pm for 7pm
6 Dec	2017 Presentation Evening > DRMC
7	FINAL DAY OF TERM 4

# Principal's Tours

[www.stdavids.catholic.edu.au](http://www.stdavids.catholic.edu.au)



Saint David's  
PARISH SCHOOL



Celebrating Forty Years  
of Catholic Education

- Saturday April 1st 9:30 - 10:30am
- Wednesday May 17th 9:30 - 10:30am
- Saturday June 17th 9:30 - 10:30am
- Monday July 31st 9:30 - 10:30am
- Thursday August 31st 9:30 - 10:30am
- Wednesday Nov 8th 9:30 - 10:30am

To book, email [info@stdavids.catholic.edu.au](mailto:info@stdavids.catholic.edu.au) or call 8360 3600



## Gleeson College

40-60 Surrey Farm Dve, Golden Grove  
South Australia 5125 T: 8282 6600

[www.gleeson.sa.edu.au](http://www.gleeson.sa.edu.au)

[info@gleeson.catholic.edu.au](mailto:info@gleeson.catholic.edu.au)  
Student Services T: 8282 6634

