

YEAR 8 CAMP 2017 > New Friendships + Fun + Teamwork!

**MORE
PHOTOS
INSIDE!!**

After a long wait with Year 8 Camp postponed due to extreme heat, the day finally arrived for our Year 8 students to wave goodbye to their parents, ready to take on the excitement and adventure of three days away with their peers.

Students from Hughes and McDonald Houses headed to Wallaroo, and Damiani and Fyfe ventured to Pt Hughes. The students excitedly boarded buses on the morning of camp, ready to journey to the beach. We arrived at our locations, CU@Wallaroo and the Pt Hughes Accommodation Centre, and were welcomed by a sunny 28 degrees. Students eagerly settled into dorms before eating lunch and stretching our legs at the park.

Later that afternoon we were greeted by the Beyond Limits team who planned the daytime activities for our camp. The Year 8's formed tribes with creative names such as 'Peaches & Cream' and 'Bionic Turkeys' and competed in these teams for the duration of the camp. The Beyond Limits team challenged all students to work together while doing each of the exciting tasks. Some of their favourite activities included the amazing 'Survivor' water obstacle that involved PVC pipes, funnels, sponges and a locked chest, as well as the walking 'A frame' that required full concentration from every tribe member!

The fine weather and beach were used to our advantage in a water relay, raft-building competition and by trenching under a wooden pole to get the entire tribe to the other side. All students participated in night time activities including a walk along the jetty, fishing, outdoor cinemas with popcorn and the infamous Wallaroo ghost tour that sent shivers down some spines.

Over the three days, the catering teams at both Wallaroo and Pt Hughes were very accommodating and kept us fuelled with delicious home-baked cookies and cakes, as well as burgers, lasagne and yiros just to name a few menu items.

...Continued on page 6





WE ARE CALLED TO CULTIVATE THE DISCIPLINE OF GRATITUDE



Wow! How much can the Gleeson College Community pack into a week? Plenty!!

- Students and Old Scholars performed and volunteered at St Francis Xavier's Regional Catholic School's bi-annual Mad March Fair on the weekend (see photo below);
- Our Year 10 Food and Hospitality and Year 11 Business and Enterprise Classes visited the Central Markets to undertake research to inform summative assessment tasks;
- Our Year 12 Visual Arts class visited the SACE Art Exhibition and toured the School of Art, Architecture and Design at UniSA City West;
- Year 8 students returned to school Monday refreshed from a weekend of rest following last week's much anticipated Year 8 Camp and followed this up with Year 8 Retreat on Tuesday this week, led confidently by students from Mr Baker's Year 11 RE Ministry Class;
- Students from Years 8-12 represented the College at the Catholic Co Ed Athletics Carnival;
- Year 8 and 9 students watched Brainstorm Productions' 'Cyberia' – educational theatre addressing cyber bullying, digital citizenship, internet security and impulse control to help with strategies to improve their coping mechanisms, mental health and wellbeing;
- We celebrated the successes and opportunities Term 1 provided at our College Assembly on Wednesday;
- Our two Year 11 Physics classes visited UniSA today and finally;
- We farewell our two Japanese Exchange students, Gen and Yusuke, as they complete their time with us here at Gleeson.

Of special mention are performances at Assembly by brave solo vocalists Emily Sharland (11 FSMAR) and Emily Lamb (10 MSFAL), vocal ensemble, dancers, Year 8 Campers Sophie Rack (8 MMBON) and David Mapstone (8 HMCRE), and Year 12 Tayla Slack (12 MSFAL). As I sat and watched, I felt great pride in these students who took a risk, who shared with their peers, who may not

normally perform on their own, students who were addressing the whole College for the first time, or speaking from the heart about a cause close to home.

Week 10 is also jam-packed with learning opportunities and events:

- Year 11 RAA Street Smart on Wednesday 5 April which confronts students with a simulated crash scene with pre- and post-crash outcomes, exposure to the work of our Emergency Services and addresses by young people involved in and recovering from road trauma;
- On Wednesday, Year 8 and 9 students will learn about internet safety from Sonya Ryan, mother of the late Carly Ryan, and the Foundation incorporated in her name;
- Archbishop Gleeson's Memorial Mass at St Francis Xavier's Cathedral will be held Wednesday evening (5.45pm);
- A Year 9 Humanities showcase by three of our classes will be held on Thursday in the DRMC from 6.30pm;
- Parent Teacher Interviews on Tuesday 4 April > Reminder to book your interview via the website: www.edval.com.au/book

Finally, Week 11 sees us to the end of Term 1 with a College Mass and the second of two Parent Teacher Interview nights (Wednesday 12 April).

At this time of Lent we are called to reflect and cultivate the discipline of gratitude. At Wednesday's Assembly, College Principal Mr Andrew Baker took us on a journey of playgrounds from around the world. We were asked to think where these playgrounds may be located before the country was revealed.

A school in China of 1400 with a 7.40am start time had a scheduled 10 minutes of stretching and running at 9.30am in an area with barely enough room to stretch out your arms without touching another person. At another school, children made train tracks their playground and their classroom was in an old boxcar. Two shifts each day ran in a third school to offer education to 1800 primary school children, their classrooms hot shipping containers. Their school also doubled as a shelter during war, their playground was crowded and tinged with sadness in the memory of over 130 students who lost their lives there during the Gaza conflict of 2014.

To conclude, we were shown images of our beautiful, lush, expansive Gleeson College grounds. The message was strong; by the Grace of God we should be grateful for the peace, freedom, choice and opportunities extended to us every day in both our classrooms and external learning environments. Grateful for the sacrifices our families make to provide quality education for their child/children. Grateful for the caring and compassionate extended family that is the Gleeson College Community.

**Amanda Price,
Leader of Community Engagement and Innovation**

IMPORTANT INFORMATION & UPDATES TO OUR PRIVATE BUS SERVICES & ROUTES HAS BEEN SENT TO FAMILIES

Please provide us with feedback prior to the end of Week 10 via email: info@gleeson.catholic.edu.au



YEAR 9 HUMANITIES > Students Explore Ecosystems in World Biomes Project



As part of learning about World Biomes (ecosystems), students in our Year 9 Humanities Class undertook a mini research task investigating a biome of choice from anywhere in the world.

At the task's conclusion, all students presented the results of their research using a café style form of presentation.

This type of presentation created opportunities for individual sharing and conversations about their biome.

Students could present their information in any form they wanted. This ranged from models (some that needed watering!), Powerpoint and Prezi presentations, infographics and posters.

Providing students with choice allowed them to take more ownership of their learning, and therefore, increased their opportunity for success.

Well done to all students!

Mrs Kate Pill,
Humanities Coordinator



SAYONARA TO OUR JAPANESE STUDY EXCHANGE STUDENTS YUSUKE & GEN!

This week we farewelled our two visiting students from Kogakuin Junior High School, Yusuke Kotake and Gen Miura.

Yusuke arrived in Adelaide on 22 January, with Gen joining him on 15 March, to take part in the 'Study Abroad Program' which provided the boys with an opportunity to experience life as an Australian school student and to study and improve their English communication skills. Both boys settled in quickly to College life at Gleeson and also family life with their wonderful host families and greatly enjoyed their Aussie adventure!

From all of us in the Gleeson Community, we wish Yusuke and Gen all the best for their further studies and a safe trip back to Japan and their families.

Ms Mary Hennessey, Gleeson Homestay Coordinator



GLEESON GOES TO MARKET > Year 10 F&H + Year 11 Business Classes

Recently our Stage 1 Business and Enterprise Class and Year 10 Food and Hospitality Class ventured on a joint excursion to visit the iconic 'Central Market' in the CBD. The visit to the Central Market formed part of both classes' assessment tasks and provided a cultural and culinary experience for the students.

The Stage 1 Business and Enterprise students were required to analyse the operations of the Central Market and discover what benefits the Central Market experience provides for consumers, business owners and the South Australian economy as a whole. The Year 10 Food and Hospitality Class learnt about local SA business and food products. From here the students will continue to research the 'Eat Local' campaign, discover local food-producing regions of SA, and explore websites such as Tasting Australia.

Upon our arrival we were met by stall owner Mark Gleeson and Cheryl Turner in the Market Kitchens before splitting the classes up with the Business students having a boardroom meeting with Mark, whilst the Food and Hospitality students went on a guided tour. During the meeting, the Business Class were given a brief run down about the Central Market and the key relationships between business owners and the Market management. Students were able to ask Mark questions in order to help with their assignment. Whilst the Year 11's talked business, the Year 10's were led on a tour learning about the history of the Central Markets and long-lasting local businesses such as The Yoghurt Shop, Lucia's and Carousel Nuts. Tastings from the stall visits were greatly enjoyed along the way!

The two groups then traded places, with Food and Hospitality students taking to the Market Kitchens to undergo a 'Foodie Challenge'. The 'Foodie Challenge' made use of the students senses to see, touch, smell and taste food to guess its origins, name and also identify organic versus non-organic produce. Whilst the challenge was taking place upstairs the Business students were then taken on a guided tour of the premises to see the different businesses and how they operate.

Having been wowed by the delicious



array of fresh produce available, all students were then able to have their own experience and find themselves some delicious food within the market for lunch.

Students took much out of the experience and are now busy preparing their assignments, which will form part of their summative assessment for the semester. A big thank you to Mark Gleeson, Cheryl Turner and the staff at Central Market Tours for their hospitality and to Mrs Sarah McLoughlin for joining the students on the excursion.

Mr Clint Vause, Stage 1 Business and Enterprise Teacher & Miss Lisa Feleppa, Year 10 Food and Hospitality Teacher

****MORE PHOTOS ON NEXT PAGE****



GLEESON GOES TO MARKET > Year 10 F&H + Year 11 Business Classes



YEAR 8 CAMP 2017 > New Friendships + Fun + Teamwork!

Continued from front page...

Holding Year 8 Camp early in the year provides a great opportunity for our newest Gleeson members to further develop relationships with their peers and teachers. It is an invaluable opportunity to make new friends, as well as to learn more about themselves by participating in various activities which may challenge them both mentally and physically. Enjoy some individual student reflections from Year 8 Camp below:

"I got to know people I didn't know before and had the opportunity to participate in lots of fun activities." **Taylah (8 HMCRE)**

"Year 8 Camp was the best experience ever. I enjoyed it because of my fun adventures and hearing new things about others." **Alicia (8 MMCIV)**

"The activities were amazing and a highlight. The food was also amazing and tasted brilliant!" **Corey (8 MMBON)**

"We got lots of opportunities to make new friends and we got to do a lot of group work. The food was great and so was the atmosphere." **Mikayla (8 HMCRE)**

"I met new people because of the rafting and team-building activities." **Jack (8 HMTOU)**

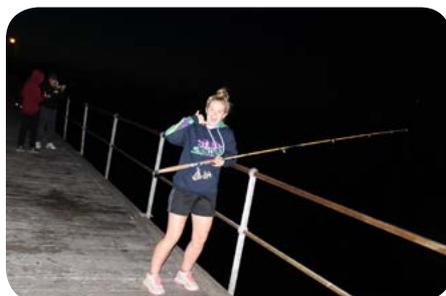
"The great company, food and activities made the experience so much fun." **Madison (8 FMPAR) & Amy (8 DMJEF)**

"The activities were really cool and we enjoyed making the fire and shelter." **Nathan & Liam (8 DMMCC)**

Mr Adrian Ranieri,
Hughes House Coordinator



cu@wallaroo



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SFX MAD MARCH FAIR > Our Performing Arts Students Put on a Show!



STAGE 2 VISUAL ARTS > Inspirational Visit to SACE Art Show + UniSA

On Monday 27 March, Stage 2 Visual Arts students attended an excursion to see the Year 12 SACE Art Show 2017 and also experienced a tour of the School of Art, Architecture and Design at the University of SA, City West.

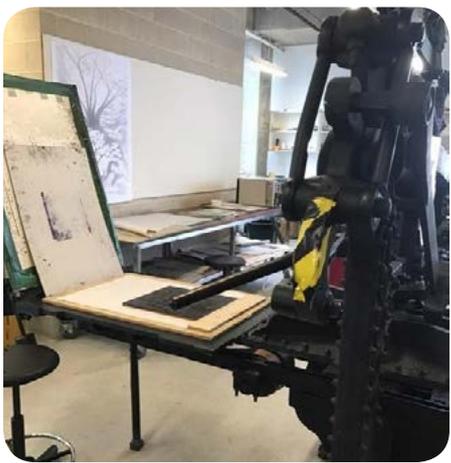
The SACE Art Show exhibition was held at the Adelaide College of the Arts and the visit gave our students an opportunity to view the Stage 2 Visual Art work which was selected from the previous year. It inspired, motivated and outlined what was expected of the students this year. We also had the fabulous privilege to see an amazing practical piece by Gleeson College Old Scholar Kristen Booth (Class of 2016), which was chosen for this exhibition (3 panel drawings at top).

We then headed off for a tour of the School of Art, Architecture and Design. Students found this to be a highly valuable experience, and it has encouraged them to set goals and aim for great success with their own personal journey of Visual Arts this year.

Mrs Evelina Condo,
Stage 2 Visual Arts Teacher



PHOTOS ABOVE + BELOW: Old printing press from The Advertiser, inherited by UniSA and still used to print!



GET TO KNOW YOUR STUDENT LEADERS > Fyfe Senior House Captains

This year we will be publishing biographies in The Globe to allow our College community to get to know our 2017 Student Leaders a little better! This week we feature Fyfe Senior House Captains Chelsea & Johnny!!

Chelsea Turner (12 FSRUT)



Do you have any pets?

A German Shepherd named Cooper.

Who is the most influential person/s in your life?: My Mum.

What is your favourite subject/s?: Biology and PE.

What are your hobbies?: Netball and water skiing.

Do you play any sports?: Netball

What do you like most about school: Friends

Where do you see yourself in 10 years?: Married and travelling or in the Army as a Combat Medical Attendant.

What is your definition of happiness?: Pure laughter.

What do you love at Gleeson College?:

The people and the student-teacher relationships you can make over the years.

Johnny Librino (12 FSRUT)



Do you have any pets? A dog and a cat.

Who is the most influential person/s in your life?: My Mum.

What is your favourite subject/s?: Mathematics

What are your hobbies?: Soccer

Do you play any sports?: Soccer

What do you like most about school: The teachers and the relationships you make.

Where do you see yourself in 10 years?: Occupational Therapist, married and wealthy.

What is your definition of happiness?: Stress free with the people you love most.

What do you love at Gleeson College?:

The relationships you make and the opportunities that Gleeson has to offer.

THE COLGATE® BRIGADE®

ACCEPTED WASTE

See the picture above for what you can send in through this Brigade. Then, when you have finished using your toothbrushes, toothpaste tubes and caps, toothbrush and toothpaste outer packaging and floss containers send them in to TerraCycle to be recycled.

Colgate Oral Care Brigade accepted waste:

1. Toothpaste tubes and caps
2. Toothbrushes
3. Toothbrush and toothpaste outer packaging
4. Floss containers

The Gleeson College Parents & Friends have started a dental products recycling program through TerraCycle as a fundraiser/community service/environmental initiative.

There is a collection box in Student Services where used toothbrushes, toothpaste tubes and dental floss containers can be dropped!





CONGRATULATIONS TO GLEESON SENIOR SIMON ON SELECTION FOR SA!

Congratulations to Simon Wells (12 FSMIL) on his selection to represent South Australia in the Men's U18 State Team at the Australian National Hockey Championships. This event attracts the best young Hockey players in Australia and will be held in Hobart, Tasmania, from April 19-29.

We wish Simon and the SA boys all the very best for a successful Nationals!



GG CAMPUS UNIFORM SHOP

Devon Clothing | P: 8289 5564



GG CAMPUS UNIFORM SHOP TERM TRADING

Monday: 1.00pm - 2.30pm
 Tuesday & Wednesday: 8.15am - 9.15am
 1.00pm - 4.15pm
 Thursday: 1.00pm - 2.45pm
 First Saturday of Month: 9.00am - 12.00pm

GG CAMPUS UNIFORM SHOP SCHOOL HOLIDAY TRADING

Thursday 27 April (2 - 7pm) + Friday 28 April (9am - 1pm)

MODBURY DEVON CLOTHING UNIFORM SHOP:

OPEN 9am - 5pm Monday - Friday + 9am-12pm Saturday

P: 8396 6465 / Shop 24 Clovercrest Plaza
429 Montague Rd, Modbury North

The Gleeson College 2nd Hand Uniform Shop is open every Tuesday afternoon from 3.30-4.30pm.

WINTER UNIFORM APPOINTMENTS > TERM 1

Times are available on Tuesday and Wednesday afternoons from 1-5pm + Saturday 1 April from 9am - 12pm.

**If no appointments are booked in after our regular trading times, the shop will not remain open.*

Please phone to make an appointment time to purchase your student's Winter Uniform requirements at either:

GG Campus Uniform Shop

Golden Grove > 8289 5564

or

Devon Clothing Uniform Shop

Modbury > 8396 6465

Modbury Winter Fitting Times:

Monday to Friday > 9.00am - 4.30pm
Saturdays > 9.00am - 12.00pm



Principal's Tours

www.stdavidscatholic.edu.au



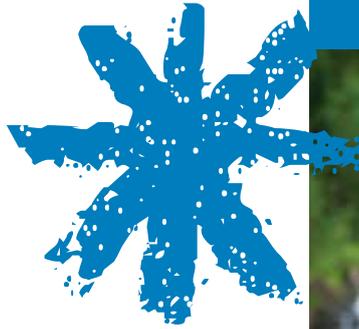
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 Wednesday May 17th 9:30 - 10:30am
 Saturday June 17th 9:30 - 10:30am
 Monday July 31st 9:30 - 10:30am
 Thursday August 31st 9:30 - 10:30am
 Wednesday Nov 8th 9:30 - 10:30am

To book, email info@stdavidscatholic.edu.au or call 8360 3600



Mental health tips for teenagers

By Dr Jodi Richardson

For the first time in 15 years, thousands of Australian teenagers named mental health as one of the top three national issues in the *2016 Mission Australia Youth Survey*. Personally, they're concerned about coping with stress, school, body image and depression.

I know that reading this is enough to raise our own anxiety levels as parents, but the fact that mental health is on the radar for our young people is a good thing. It means that there's increased awareness around issues like anxiety, depression and suicide. This awareness will help reduce the stigma around mental illness and the subsequent

discrimination which can stand in the way of young people seeking help and support when they need it most.

First and foremost, we want to help protect our young people from mental illness, but we also want to know that they can recognise when they need help, and ask for it. The Youth Survey shows that when young people do need help, overwhelmingly, they turn to their friends and their parents.

If we can equip our young people with the knowledge and skills to protect their own mental health, in doing so, they're better prepared to support friends who turn to them for help too.

The following tips help promote flourishing mental health in secondary school kids:

1. Help them find a sport or physical activity they love

Physical activity is essential for flourishing mental health. Young people who play sport are more fulfilled and feel healthier and happier about life. The key is helping them to find an activity they love. Physical activity instantly improves mood and can even lift symptoms of depression. This is because it ticks so many of the 'psychological wellbeing boxes' including movement and all of the 'feel good' hormones that go hand-in-hand, social support, opportunities for them to engage in an activity that captivates them so they experience 'flow' and helping them to maintain a healthy weight to name a few. Secondary school kids need 60 minutes of moderate to vigorous activity every day but even 15-20 minutes will help improve their mood.

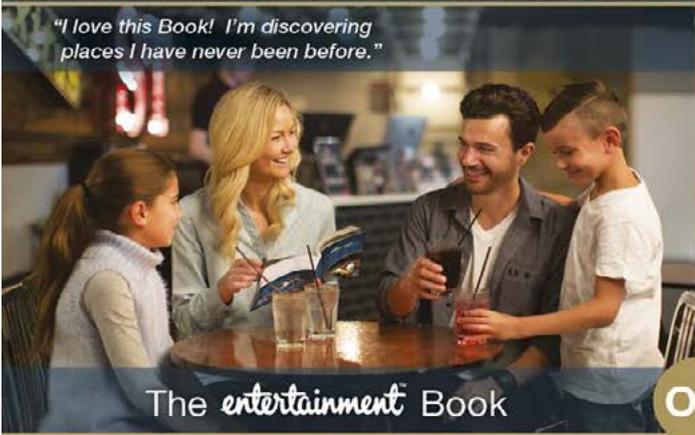
2. Make sure they get plenty of face time

Not FaceTime, face-to-face time! Positive in-person relationships promote psychological wellbeing and happiness. The research clearly shows that people with a variety of strong social relationships live longer, and are healthier and happier.



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Gleeson College

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Pre- Purchase before 8th April to receive Early Bird Bonus Offers you can use straight away! (Subject to availability)



VIEW THE 2017/2018 ENTERTAINMENT BOOK > <https://online.flippingbook.com/view/750443/1>



GLEESON COLLEGE NOTICEBOARD



...engaging with nature

St Martin's Catholic Primary School

OPEN DAY

Wednesday, 17 May from 9.30am to 11.00am



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2017 Tour Dates

- **Saturday, 25th February**
9.30am – 10.30am
- **Wednesday, 22nd March**
4.30pm – 5.30pm
- **Tuesday, 16th May**
9.30am – 10.30am
- **Saturday, 1st July**
9.30am – 10.30am
- **Monday, 14th August**
9.30am – 10.30am
- **Thursday, 21st September**
4.30pm – 5.30pm
- **Friday, 10th November**
9.30am – 10.30am

How do I register my attendance?
Bookings can be made via the school's
website, or by telephoning Sonya:
www.sfx.catholic.edu.au • 8251 9555

2017 Gleeson Diary Dates



TERM 1 2017

- 31 Mar Year 8 HPV Immunisations 1
- 4 + 12 Apr Parent Teacher Interviews
- 13 Final day of Term 1

TERM 2 2017

- 1 May First day of Term 2 for all students
College Mass > Archbishop Gleeson Day
- 3 - 5 Year 11 Retreat
- 10 P&F Committee Meeting, 7pm
- 12 Year 10 Meningococcal B Immunisation #1
- 17 College Board Meeting
- 12 Year 11 & Year 12 Meningococcal B Immunisation #1
- 24 STUDENT FREE DAY > Staff Professional Learning Day
- 2 Jun Year 12 Formal > Sfera's
- 12 PUBLIC HOLIDAY > Queen's Birthday
- 14 P&F Committee Meeting, 7pm
- 16 Year 8 HPB Immunisations 2
- 19 - 23 Year 10 + Year 11 Exams
- 26 STUDENT FREE DAY > Staff Professional Learning Day
- 28 College Board Meeting
- 29 College Photographs > MSP Photography
- 3 Jul One+ Career Expo



Gleeson College

40-60 Surrey Farm Dve, Golden Grove
South Australia 5125 T: 8282 6600

www.gleeson.sa.edu.au

info@gleeson.catholic.edu.au
Student Services T: 8282 6634

